



Sampada



संपदा



The Official Bulletin of RCD Resources

December 31, 2023

Volume 2

Issue 28

# Great End of Mid-term & Happy New Year, '24

**Distribution of Free Specs**

**Rotary Club of Delhi Resources**  
Club ID: 224707

**Roshni**

**EK KADAM ROSHNI KI OR**

**Venue :** G.L.T Saraswati Bal Mandir Senior Secondary School, Nehru Nagar, Ring Rd, Nehru Nagar, Lajpat Nagar, New Delhi

**DATE:** 5th July'23  
**TIME :** 11 am-12:30 pm

**Rtn.RAKESH BANGA ( President )**  
**Rtn.Suman Chopra (Club Secretary)**  
**Rt.Sunil Kumari Day (Immediate Past President)**  
**Rtn.Niti Day (Project Chair)**

**Rotary Club of Delhi Resources**  
Club ID: 224707

**RAJNA FOUNDATION**

**BOOKS DISTRIBUTION**

**"एक कदम शिक्षा की ओर" - PART -2**

**DATE :** 14th August 2023  
**VENUE :** Rattan Chand Arya Public School Sarojini Nagar, New Delhi  
**TIME :** 10:30 a.m

**Rtn Rakesh Banga : President**  
**Rtn Suman Chopra : Club Secretary**  
**Rtn Sunil Day : Charter President**

**Rotary Club of Delhi Resources**  
Club ID: 224707

**HEALTH AND HYGIENE**

**SANITARY PADS DISTRIBUTION**

**ROTARY CLUB OF DELHI RESOURCES IN ASSOCIATION WITH PARIVARTAN RWA**

**DATE :- 23rd September**  
**VENUE :-** Makoons Pre school Chattarpur Enclave Phase-2  
**TIME :- 11 am onwards**

**Sponsored by Rotary Club Of Faridabad Arth**

**Rakesh Banga - President**  
**Preeti Sharma - Project Chair**  
**Vani Agarwal - RWA President**  
**Sunil Day - Charter President**

**Rotary Club of Delhi Resources**  
Club ID: 224707

**BLOOD DONATION CAMP**

**in association with Rotary Blood Bank**

**2nd DECEMBER, 2023**

**8:30AM to 1 PM |**  
**HPS (Hemnani Public School) Lajpat Nagar-1**

**RTN RAKESH BANGA: PRESIDENT**  
**RTN. SUMAN CHOPRA: SECRETARY**  
**RTN. SUNIL DAY: CHARTER PRESIDENT**

**THE SRI DURGA CGHS LTD.**

**FREE MEGA HEALTH CHECK - UP CAMP**

**09 DECEMBER, 2023**  
**10:00 AM - 3:00 PM**

**At The Sri Durga CGHS Ltd., we prioritize your health and well-being. Your dedicated Managing Committee in association with Rotary Club of Delhi Resources are here to provide exceptional medical care tailored to your needs.**

**Rotary Club of Delhi Resources**  
Club ID: 224707

**YOUR HEALTH, OUR PRIORITY!**

**BONE MINERAL DENSITY**  
**ECG CHECK - UP**  
**CANCER SCREENING**  
**DENTAL CHECK UP**  
**BLOOD PRESSURE**  
**DIABETIC CENTER**  
**EYE TEST**  
**GENERAL TESTING**  
**BLOOD DONATION**

**Contact person :-**  
**Prashant Sharma Advocate**  
**Secretary, The Sri Durga CGHS Ltd.**

**Rotary Club of Delhi Resources**  
Club ID: 224707

**DONATION OF BOOKS AND RADDI**

**"एक कदम शिक्षा की ओर"**

**DATE : 4th Sept 2023**  
**VENUE : Books for a Cause Lajpat Bhawan, Lajpat Nagar -4 New Delhi**  
**TIME : 11:00 a.m**

**Rtn Rakesh Banga : President**  
**Rtn Suman Chopra : Club Secretary**  
**Rtn Sunil Day : PROJECT HEAD, Charter President**

**Rotary Club of Delhi Resources**  
Club ID: 224707

**"एक कदम रौशनी की ओर"**

**JOIN US ON 13TH AND 15TH SEPTEMBER**  
**AT 10 A.M**

**IN ASSOCIATION WITH ROTARY DIABETES CENTER**

**VENUE: GOVT GIRLS SECONDARY SCHOOL NEXT TO CHATTARPUR TEMPLE**

**RTN RAKESH BANGA, PRESIDENT**  
**RTN SUMAN CHOPRA, SECRETARY**  
**RTN SUNIL DAY, CHARTER PRESIDENT**  
**PARIVARTAN RWA CHATTARPUR**

**Rotary Club of Delhi Resources**  
Club ID: 224707

**एक और कदम रोशनी की ओर**

**In Collaboration with Vision Springs**

**DATE: 5th December- 8th December**  
**VENUE: Senior Secondary Girls School, Near Chattarpur Mandir, Chattarpur**  
**TIME: 9:30 am onwards**

**RTN RAKESH BANGA : PRESIDENT**  
**RTN SUMAN CHOPRA : CLUB SECRETARY**  
**RTN SUNIL DAY : CHARTER PRESIDENT**

**Supported by Vani Agarwal (President Parivartan RWA)**

**Rotary Club of Delhi Resources**  
Club ID: 224707

**MEDICAL CAMP**

**TIME: 10AM-2 PM**  
**DATE: 16 DECEMBER**  
**VENUE: E-2 VASANT KUNJ MAHIPALPUR**

**FACILITIES**

**Medical Specialist**

**DENTAL-CHECKUP**  
**BP Sugar**  
**Cholesterol**  
**Cardiologist**  
**BMD Test**  
**ECG Test**  
**Eye check up**

**RAKESH BANGA :- CLUB PRESIDENT**  
**SUMAN CHOPRA :- CLUB SECRETARY**  
**SUNIL DAY :- CHARTER PRESIDENT**

Visit [www.rcdelhiresources.rotaryindia.org](http://www.rcdelhiresources.rotaryindia.org) for our Cub Activities



## December 2023 Message of RI President 2023-24

*"The term "natural" disaster has long been used to describe tropical storms, floods, earthquakes, and volcanic eruptions, but*

*there needs to be an urgent shift in the language we use. While the term may seem harmless, and we've not always gotten it right, we've learned through our work with disaster-affected communities how it perpetuates a dangerous myth that nothing could have been done to prevent people being so badly affected. This misleading and harmful narrative can lead to a lack of action to help people who need it.*

*The language we use matters. When we frame disasters as natural, we fail to acknowledge the complex interplay between nature and the role of human actions and how they impact communities around the world.*

*Earthquakes, tsunamis, volcanic eruptions, and extreme storms, drought, and flooding occur because of natural processes on Earth. But it is how these events affect people or the environment that has the potential to make them a disaster — outcomes influenced by human factors like where people live, what types of homes they have, political instability, and the lack of proactive measures to protect vulnerable communities. A disaster is the result of systemic inequalities in access to resources and power. Where we live and how much money we have often determines our ability to recover. The people worst affected are those living in poverty, with the least means to protect themselves and few resources to withstand the next event.*

*By framing these events as natural, we undermine the need for proactive measures to protect vulnerable communities, masking the underlying social, economic, and political instability that makes marginalized and disadvantaged communities disproportionately affected. Our teams see firsthand how issues like inequality, poverty,*

*urbanization, deforestation, and the climate crisis can make communities more vulnerable.*

*At ShelterBox, we simply say "disaster" or are more specific, describing the extreme weather, earthquake, tsunami, or volcanic eruption. I urge everyone to help us in breaking this cycle by committing to language that accurately reflects why people are affected so badly.*

*Only then does it pave the way to address the underlying causes of vulnerability and work toward a more just and equitable future for all, with the necessary investment, resources, and proactive measures to help protect affected communities.*

**Disasters are not natural. Let's stop saying they are. Sanj Srikanthan, CEO, ShelterBox** (As produced by RI President in his December 2023 Address)



**Rakesh Banga**  
**President**



**Suman Chopra**  
**P Elect**



**Harish Dang**  
**V President**



**Vidhushi Lal**  
**Jt. Secretary**



**Sunil Kapoor**  
**CSR**



**Sara Banga**  
**TRF**

## A Note by the Editor-in-Chief

Happy to inform you that starting this issue we are dedicating some space to our Interact Clubs at Schools. This time it is KV JNU. Also to make our Club Bulletin more inclusive I again request you to please share your material inputs with original poetry, artwork, social services, etc. by you and your family members. Also Share Suggestions on the Bulletin - anytime.

**With Heartiest Good Wishes  
For the New Year '24**







## Our Interact Club of KV, JNU

### My Achievements

Throughout the year, I have participated in several activities and have won several prizes. Few of them are as follows:-

In yoga I have won three 4 certificates in which one is of regionals.

In Hindi Pakhwada competition I have won the following -

Nara lekhan - 1st

Vad Vivad - 1st

Bhashan - 3rd

Have won a tug of war competition in School Inter House sports Competition.

There are several more achievements that I have achieved throughout the year in school which cannot be expressed. And for this I am really grateful.

Being the School Captain is my biggest achievement along with being the President of Rotary club.

I'm really grateful for all the opportunities that I'm having.

Priya Rani  
12th G



**Interact  
President Priya  
Rani on her  
Achievements**

विद्यार्थियों शिक्षक गण के स्वास्थ्य जांच शिविर, पुस्तक प्रदान करना , मेरी माटी मेरा देश कार्यक्रम में 75 स्वदेशी पौधों का विद्यालय में रोपण कार्य , ऑक्सीजन सपोर्ट सिस्टम विद्यालय को प्रदान करना







Our Early Cancer Detection Camp was held with specific emphasis on Clinical Cancer Testing, Pap Smear and Oral Checkups, etc. at Kabul Lines, Delhi Cantt, New Delhi - 110010. The testing equipment were provided by Rajiv Gandhi Cancer Institute & Research Center (RGCIRC), Rohini, New Delhi. That was hugely popular among men and women both. There were 123 registrations (22 Pap Smears) 119 Female and 4 Male Beneficiaries in all.







On 01<sup>st</sup> December 2023 – The General Health and BMI test was conducted by RCD Resources at Kabul Lines, Delhi Cantt, New Delhi – 110010. This is for the benefit of residents and staff of all age groups. It started at 10:00 am and continued beyond 1:00 pm. Patients were registered in a very organized way. There were 100 plus beneficiaries of different age groups. The project was very well organized.



## FREE MEGA HEALTH CAMP

Dec 01, 2023

9:30am till 2:00pm

VENUE : KABUL LINES, DELHI CANTT

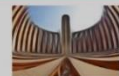
1. PAP SMEAR Test (Cervical Cancer)
2. Clinical Oral Examination
3. Clinical Breast Examinations
4. BP Monitoring + RBS test  
+ Weight measuring
5. Eye Testing
6. Dental Checkup
7. Keynote Address on Cancer

SPONSORED BY

ROTARY CLUB OF  
DELHI RESOURCES

DISTRICT 3011

CLUB ID - 224707



Contact : Major Sanjeet Pandey

Rtn. RAKESH BANGA, CLUB PRESIDENT

Rtn. SUMAN CHOPRA, CLUB SECRETARY

Rtn. SUNIL KUMAR DAY, DISTRICT TEAM



Visit [www.rcdelhiresources.rotaryindia.org](http://www.rcdelhiresources.rotaryindia.org) for our Cub Activities





## FREE MEGA HEALTH CAMP

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2. Clinical Oral Examination
3. Clinical Breast Examinations
4. BP Monitoring + RBS test  
+ Weight measuring
5. Eye Testing
6. Dental Checkup
7. Keynote Address on Cancer

SPONSORED BY  
ROTARY CLUB OF  
DELHI RESOURCES



DISTRICT 3011 CLUB ID - 224707

Contact : Major Sanjeet Pandey

Rtn. RAKESH BANGA, CLUB PRESIDENT  
Rtn. SUMAN CHOPRA, CLUB SECRETARY  
Rtn. SUNIL KUMAR DAY, DISTRICT TEAM

A Free Dental Check-up Camp was conducted by RCD Resources at Kabul Lines, Delhi Cantt, New Delhi – 110010. This is for the benefit of residents of all age groups. It started early at 10:00 am and continued beyond 2:00 pm. Patients were registered in a very organized way. The testing equipment / medical facilities were provided by Clove Dental. There were around 60 beneficiaries of different age groups. The project was very well organized under the guidance of Maj. Sanjeet Pandey.

Poor dental health leads  
to an unhealthy heart



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The Eye Check-up was conducted by RCD Resources at Kabul Lines, Delhi Cantt, New Delhi – 110010. This is for the benefit of residents of all age groups. It started early at 10:30 am and continued beyond 2:00 pm. Patients were registered in a very organized way. There were around 100 beneficiaries of different age groups. The project was very well organized under the guidance of Maj. Sanjeet Pandey.



The muscles in your eye are actually the most active muscles in your body.

Pledge to take care of your eye health.







**The Keynote Address on Preventive Oncology** it was delivered by Dr Harmeet Goel of RGCIRC, Rohini, New Delhi. Her educative and informative Speech on the importance of early detection of cancer was well received by around 100 in audience who listened with keenness in pin drop silence. So proud and lucky to be part of this Service Camp. This was meant for the staff & residents of the Delhi Cantt. The eminent speaker / doctor spoke at length on the topic at length addressed to both men & women. This camp was held under the guidance of Maj. Sanjeet Pandey. We were honored with the graceful presence of Commanding Officer 110 Medm Regt., Col. Menon.



**"Faith is the **bird** that **sings** when the dawn is still dark."**

- Rabindranath Tagore







**Let's Promote Reading** - This Signature Project has been initiated / conceived by Rtn. Sunil Kumar Day, Charter President and Rtn. Niti Day - to be at multiple locations. There are books of Management / Spiritual / Cookery/ Fiction and General Knowledge for all ages in Hindi and English. The project has been started with about 250 books – a mixture of new and pre-loved books. The #16 Library project was launched on 01<sup>st</sup> December 2023 at Kabul lines, Delhi Cantt, New Delhi – 110010. We were honored when Commanding Officer 110 Medm Regt., Col. Menon gracefully received our books..







**Rotary**  **Bharat a100**

**INITIATIVE OF  
INTERACT CLUB OF DAV PUBLIC SCHOOL  
(of RCD Mankind)**

**FREE EYE CHECK-UP  
CAMP FOR STUDENTS**

**DEC 01, 2023      8:30 - 13:00**

VENUE : DAV PUBLIC SCHOOL,  
KAILASH HILL, NEW DELHI  
Contact : PRINCIPAL Ms Gargi Chhabra

**ROTARY CLUB OF  
DELHI RESOURCES** 

DISTRICT 3011      CLUB ID - 224707

Rtn. RAKESH BANGA, CLUB PRESIDENT

Rtn. SUMAN CHOPRA, CLUB SECRETARY

DR. RENU, PROJECT INCHARGE, VISION SPRING

Rtn. SUNIL KUMAR DAY, DISTRICT TEAM

The project was with the **School Interact Club** for the students and it was held 01<sup>st</sup> December 2023. Our Eye Check-up Camp was held at DAV Public School, Kailash Hill, New Delhi – 110065. This is for the benefit of the Students of senior classes. It started at sharp 8:30 am and continued till 01:00 pm. Patients were registered followed by screening and those students who needed specs were taken for final testing. The students were given a chance to select a frame of their choice. The specs are being provided free of cost. The specs; testing equipment and project team is provided by Vision Spring. The project is recently conceived by RCD South West. In all there are around 400 beneficiaries that were checked in the day. Some 40 students will get free specs due to poor eye sight.



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**Rotary Club of  
Delhi Resources**  
Club ID : 224707




## BLOOD DONATION CAMP

*in association with Rotary Blood Bank*

**2nd DECEMBER, 2023**

8:30AM to 1 PM |  
HPS (Hemnani Public School)  
Lajpat Nagar-1

**RTN RAKESH BANGA: PRESIDENT**  
**RTN. SUMAN CHOPRA: SECRETARY**  
**RTN. SUNIL DAY: CHARTER PRESIDENT** ...

RCD Resources organized a Blood Donation Camp on 02<sup>nd</sup> December 2023 (from 8:30 AM to 1:00 PM) at HPS (Hemnani Public School, Lajpat Nagar 1, New Delhi – 110024). The blood bank van gifted one mug to each donor in addition to the Certificates. Blood is always required at each hospital. This blood donation system is an ongoing process.

Rotary is very active in Blood Donation Campaign. Each Blood unit can save up to 3 lives. Rotary Blood Bank is a landmark in our District 3011.

The blood you donate gives someone  
another chance at life.

**GIVE THE GIFT OF LIFE  
DONATE BLOOD**








The project was for Senior Classes and it was held 01<sup>st</sup> December 2023. Our Eye Check-up Camp was held at KV (Kendriya Vidyalaya), JNU, New Delhi – 110067. This is for the benefit of the Students of senior classes. It started at sharp 9:30 am and continued till 01:30 pm each day. Patients were registered followed by screening and those students who needed specs were taken for final testing. The students were given a chance to select a frame of their choice. The specs are being provided free of cost. The specs; testing equipment and project team is provided by Vision Spring. The project is recently conceived by RCD South West. In all there are around 400 beneficiaries that were checked in the day. Some 10% of students will get free specs due to poor eye sight



## INITIATIVE OF INTERACT CLUB OF KV JNU

# FREE EYE CHECK-UP CAMP FOR STUDENTS

**DEC 02, 2023      8:30 - 13:00**

**VENUE : KV, JNU, NEW DELHI**

Contact : Mr. CHANDAN KOHLI



**ROTARY CLUB OF  
DELHI RESOURCES**

DISTRICT 3011      CLUB ID - 224707

Rtn. RAKESH BANGA, CLUB PRESIDENT

Rtn. SUMAN CHOPRA, CLUB SECRETARY

DR. RENU, PROJECT INCHARGE, VISION SPRING

Rtn. SUNIL KUMAR DAY, DISTRICT TEAM



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The project was for Senior Classes and it was held 04<sup>th</sup> December 2023. Our Eye Check-up Camp was held at KV (Kendriya Vidyalaya), JNU, New Delhi – 110067. This is for the benefit of the Students of senior classes. It started at sharp 9:30 am and continued till 01:30 pm each day. Patients were registered followed by screening and those students who needed specs were taken for final testing. The students were given a chance to select a frame of their choice. The specs are being provided free of cost. The specs; testing equipment and project team is provided by Vision Spring. The project is recently conceived by RCD South West. In all there are around 400 beneficiaries that were checked in the day. Some 18% students will get free specs due to poor eye sight.





**INITIATIVE OF  
INTERACT CLUB OF KV JNU**

FREE EYE CHECK-UP  
CAMP FOR STUDENTS

DEC 04, 2023      8:30 - 13:00

VENUE : KV, JNU, NEW DELHI

Contact : Mr. CHANDAN KOHLI

ROTARY CLUB OF  
DELHI RESOURCES

DISTRICT 3011      CLUB ID - 224707

Rtn. RAKESH BANGA, CLUB PRESIDENT

Rtn. SUMAN CHOPRA, CLUB SECRETARY

DR. RENU, PROJECT INCHARGE, VISION SPRING

Rtn. SUNIL KUMAR DAY, DISTRICT TEAM





## FREE EYE CHECK-UP CAMP FOR STUDENTS

**DEC 05, 2023 8:30 - 13:00**

**VENUE : Sarvodaya (Co-Ed) Vidyalaya,  
Masjid Moth, New Delhi**

**Contact : PRINCIPAL DR. SHAKTI RAJ**

**ROTARY CLUB OF  
DELHI RESOURCES**

DISTRICT 3011

CLUB ID - 224707



**Rtn. RAKESH BANGA, CLUB PRESIDENT**

**Rtn. SUMAN CHOPRA, CLUB SECRETARY**

**DR. RENU, PROJECT INCHARGE, VISION SPRING**

**Rtn. SUNIL KUMAR DAY, DISTRICT TEAM**

The project was for Student and it was held 05<sup>th</sup> December 2023. Our 1<sup>st</sup> day of Eye Check-up Camp was held at Sarvodaya (Co-Ed) Vidyalaya, Masjid Moth, New Delhi – 110049. This is for the benefit of the Students of senior classes. It started at sharp 9:30 am and continued till 01:30 pm each day. Patients were registered followed by screening and those students who needed specs were taken for final testing. The students were given a chance to select a frame of their choice. The specs are being provided free of cost. The specs; testing equipment and project team is provided by Vision Spring. The project is recently conceived by RCD South West. In all there are around 414 beneficiaries that were checked in the day. Some 34 students will get free specs due to poor eye sight.



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**Rotary**   **Rotary Club of Delhi Resources**  
Club ID : 224707

**एक और कदम रोशनी की ओर**  
In Collaboration with Vision Springs

**DATE:** 5th December- 8th December  
**VENUE:** Senior Secondary Girls School  
Near Chattarpur Mandir  
Chattarpur  
**TIME:** 9:30 am onwards

**RTN RAKESH BANGA : PRESIDENT**  
**RTN SUMAN CHOPRA : CLUB SECRETARY**  
**RTN SUNIL DAY : CHARTER PRESIDENT**

Supported by Vani Agarwal  
(President, Parivartan RWA)

This four day Eye Testing Camp was held on 5<sup>th</sup> to 8<sup>th</sup> December 2023 at Senor Secondary Girls School, Chattarpur, New Delhi - 110074. Say around 2000 students were tested for their eyesight. Some students will get their free specs for their poor sight.





The project was for Student and it was held 06<sup>th</sup> December 2023. Our 2nd day of Eye Check-up Camp was held at Sarvodaya (Co-Ed) Vidyalaya, Masjid Moth, New Delhi – 110049. This is for the benefit of the Students of senior classes. It started at sharp 9:30 am and continued till 01:30 pm each day. Patients were registered followed by screening and those students who needed specs were taken for final testing. The students were given a chance to select a frame of their choice. The specs are being provided free of cost. The specs; testing equipment and project team is provided by Vision Spring. The project is recently conceived by RCD South West. In all there are around 414 beneficiaries that were checked in the day. Some 34 students will get free specs due to poor eye sight.

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## FREE EYE CHECK-UP CAMP FOR STUDENTS

**DEC 06, 2023      8:30 - 13:00**

**VENUE : Sarvodaya (Co-Ed) Vidyalaya,  
Masjid Moth, New Delhi**

**Contact : PRINCIPAL DR. SHAKTI RAJ**

**ROTARY CLUB OF  
DELHI RESOURCES**

DISTRICT 3011      CLUB ID - 224707



**Rtn. RAKESH BANGA, CLUB PRESIDENT**

**Rtn. SUMAN CHOPRA, CLUB SECRETARY**

**DR. RENU, PROJECT INCHARGE, VISION SPRING**

**Rtn. SUNIL KUMAR DAY, DISTRICT TEAM**





The project was for Student and it was held 07<sup>th</sup> December 2023. Our Eye Check-up Camp was held at Dr Radhakrishnan International School, Defence Colony, New Delhi – 110024 under the guidance of PE Suman Chopra, of our Club. This is for the benefit of the Students of senior classes. It started at sharp 8:30 am and continued till 01:00 pm each day. Patients were registered followed by screening and those students who needed specs were taken for final testing. The students were given a chance to select a frame of their choice. The specs are being provided free of cost. The specs; testing equipment and project team is provided by Vision Spring. The project is recently conceived by RCD South West. In all there are around 370 beneficiaries that were checked in the day. Some 24 students will get free specs due to poor eye sight.



## FREE EYE CHECK-UP CAMP FOR STUDENTS

DEC 07, 2023

8:30 - 13:00

VENUE :Dr Radhakrishnan  
International School

Contact : PRINCIPAL Rtn. Suman Chopra

ROTARY CLUB OF  
DELHI RESOURCES

DISTRICT 3011

CLUB ID - 224707



Rtn. RAKESH BANGA, CLUB PRESIDENT

Rtn. SUMAN CHOPRA, CLUB SECRETARY

DR. RENU, PROJECT INCHARGE, VISION SPRING

Rtn. SUNIL KUMAR DAY, DISTRICT TEAM



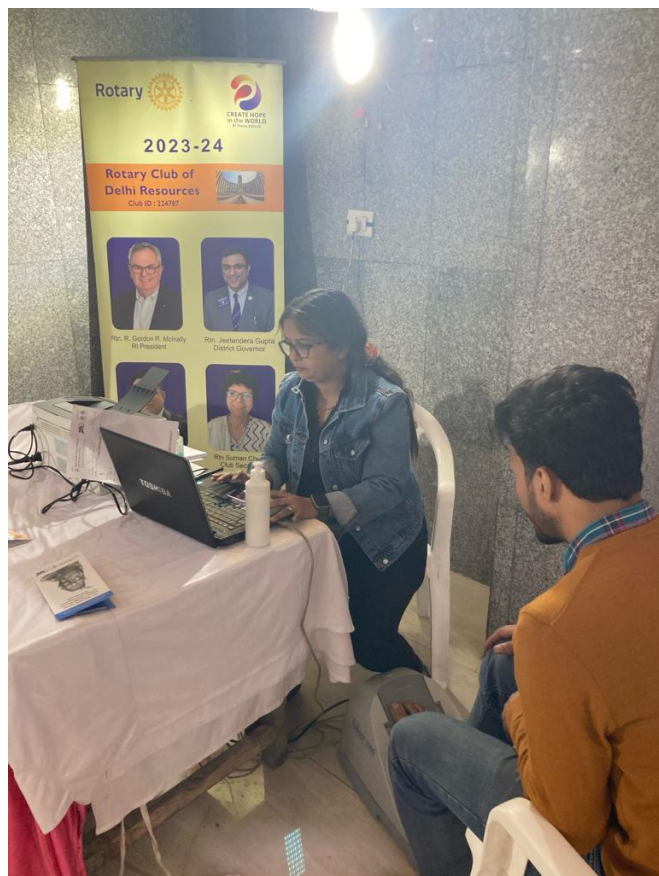
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The project was for Student and it was held 08<sup>th</sup> December 2023. Our Eye Check-up Camp was held at KV 2, New Delhi – 1100.... This is for the benefit of the Students. It started at sharp 8:30 am and continued till 01:00 pm. Patients were registered followed by screening and those students who needed specs were taken for final testing. The students were given a chance to select a frame of their choice. The specs are being provided free of cost. The specs; testing equipment and project team is provided by Vision Spring. The project is recently conceived by RCD South West. In all there are around 400 beneficiaries that were checked in the day. Some 9% of students will get free specs due to poor eye sight.





The Bone Mineral Density test was conducted by RCD Resources at The Sri Durga CGHS Ltd., Plot No. 6A, Sector – 11, Dwarka, New Delhi – 110075. This is for the benefit of staff of all age groups. It started early at 09:30 am and continued beyond 2:00 pm. Patients were registered in a very organized way. The testing equipment / medical facilities were hired from Mr. Alok. There were 52 beneficiaries of different age groups.



General Health Check-ups were done by different vendors – Fortis, Clove Dental and Center for Sight for the benefit of the Residential Society .



**THE SRI DURGA CGHS LTD.**

## FREE MEGA HEALTH CHECK - UP CAMP

**09 DECEMBER, 2023**

**10:00 AM - 3:00 PM**

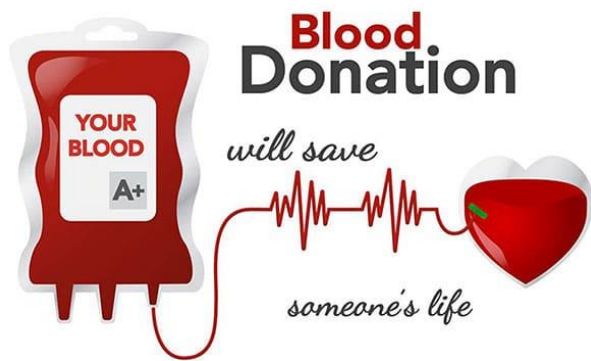
At The Sri Durga CGHS Ltd. , we prioritize your health and well-being. Your dedicated Managing Committee in association with Rotary Club of Delhi Resources are here to provide exceptional medical care tailored to your needs.

- BONE MINERAL DENSITY**
- ECG CHECK - UP**
- CANCER SCREENING**
- DENTAL CHECK UP**
- BLOOD PRESSURE**
- DIABETIC CENTER**
- EYE TEST**
- GENERAL TESTING**
- BLOOD DONATION**

**YOUR HEALTH, OUR PRIORITY !**

Contact person :-  
 Prashant Sharma Advocate  
 Secretary, The Sri Durga CGHS Ltd.

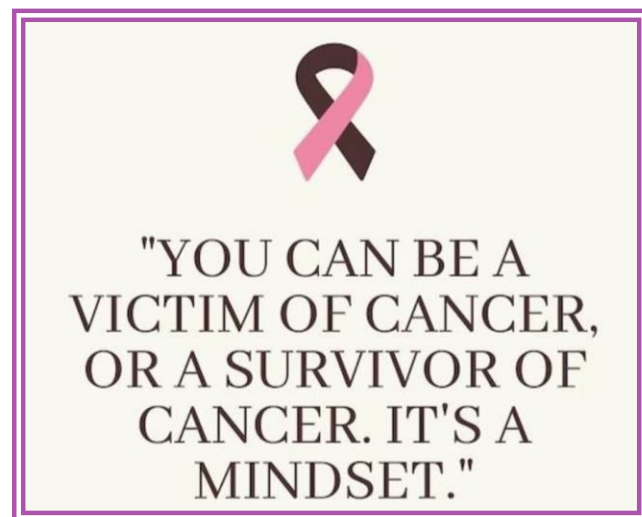




RCD Resources organized a Blood Donation Camp on 09<sup>th</sup> December 2023 (from 10:00 AM to 3:00 PM) at The Sri Durga CGHS Ltd., Plot No. 6A, Sector – 11, Dwarka, New Delhi – 110075. The blood bank van gifted one mug to each donor. The project was very well organized by the Secretary. Our Club added on fan in addition to The Sri Durga CGHS Ltd., Mr. Prashant Sharma, Advocate,







Our Free Cancer Screening Camp, with specific emphasis on Clinical Cancer Testing, Pap Smear and Oral Checkups, etc. at The Sri Durga CGHS Ltd., Plot No. 6A, Sector – 11, Dwarka, New Delhi – 110075. This is for the benefit of Staff of all age groups. It started early at 10:30 am and continued beyond 2:00 pm. Patients were registered in a very organized way. The testing equipment / medical facilities were provided by Rajiv Gandhi Cancer Institute & Research Center (RGCIRC), Rohini, New Delhi. A highly successful camp had total 59 Oral tests; 12 Clinical Breast Tests and 9 Pap Smears.







**Rotary**  

**ROTARY CLUB OF DELHI RESOURCES**

# MEDICAL CAMP

TIME: 10AM-2 PM  
DATE: 16 DECEMBER  
VENUE: E-2 VASANT KUNJ MAHIPALPUR

**FACILITIES**

**Medical Specialist**

**DENTAL-CHECKUP**  
BP Sugar  
Cholesterol  
Cardiologist  
BMD Test  
ECG Test  
Eye check up

**RAKESH BANGA :- CLUB PRESIDENT**  
**SUMAN CHOPRA:- CLUB SECRETARY**  
**SUNIL DAY:- CHARTER PRESIDENT**

This Mega Health Camp was initiated by our President Elect / Club Secretary Rtn. Suman Chopra in the Community Center of her Residential Area. There were multiple vendors for General Health Checkup; Cancer Detection; Eye Testing and Dental Check-ups. The camp cost was equally shared by the RWA and our Club. The BMD Tests were sponsored by Rtn. Suman Chopra - and it was the most popular station in the camp.

To keep the body in good health is a duty... otherwise, we shall not be able to keep the mind strong and clear.







# develop

with

# Rotary



develop future leaders

develop yourself

YOU DON'T  
NEED A  
REASON TO  
HELP  
PEOPLE.

कृष्ण का प्रेम दर्शन / Date .....

कृष्ण की व्यष्टि करना किसी के लिये अपने अपने ज्ञान की पराकाष्ठा तक पहुँचने का मार्ग दर्शन करता अवश्य है। किन्तु जो मुझे महसूस हुआ है वो आपके साथ साक्षात् करने में और आनन्द की अनुभूति हो रही है। कृष्ण ने सभी सम्बन्धों को जीवन्त किया है। फिर वो माँ का हो माँ की ममता का। चरम बिन्दु यशोदा के रूप में आज भी परिभाषित है।

सर्व का रूप सुदामा के साथ सम्बन्धों की पराकाष्ठा है। उन्होंने राधा को प्रेम की अनुभूति के साथ आत्मसाक्षात् कर लिया। भक्ति में मीरा और सूरदास जी की अमर कर गीतों। उन्होंने गीता को और उसके ज्ञान को मानव कल्याण के लिये अनेकों रूप में समझाकर मानव जाति का कल्याण किया। कृष्ण केवल अनेकों रूप धरने वाले ईश्वर के साथ मानव मानवों के स्वीकृति भी है। उनकी प्रेरणा से हमें प्रत्येक रिश्ते का सम्मान करना आवश्यक है रिश्ता कोई भी हो उसे उनकी के समान प्रेम के साथ हृदय में स्थान देना है। सभी का कल्याण है।

जय श्री कृष्ण 'कुमुदनी'

By our Rtn. Kumudni Shrivastava

Club Bulletin team highly appreciates regular inputs by Rtn. Sunil Kapoor; Rtn. Mohd Amin; Rtn. Kumudni Shrivastava; Rtn. Manisha Verma; Rtn. Niti Day and all others who provide variety of material beyond Service Projects for every issue.





The Shanti Avedna Sadan, next to Safdarjung Hospital invited our Club to join its exclusive Christmas get-together that was entirely presented by the employees of the Cancer Hospice.

**It was mainly meant for the terminally-ill cancer inmates to celebrate life.**



Dr. Kapil Suri from Safdarjung Hospital graced the occasion with his august presence; inspiring speech; wonderful singing and dancing – a great friend of our Club projects we discovered that day.

नया भारत

बादलों के इक नापाक से काफिले ने  
आसमान को अपनी बाहों में था घेरा  
कोहरे सी स्याही बेबाक अंधकार ने  
धूमिल हुई नज़र के मुँह को था फेरा  
बदमस्त हवाएँ संदली सी गयी थीं हो  
सूरजकी गरिमा सागर में गयी थीं सो  
मौर पंखुड़ीयाँ बारिश में गयीं थीं धो  
प्रेम ऋतु अपना वजूद गयी थीं खो

सिक्कों की धुन खामोश गई थी हो  
आसूँ उस गरीब चेहरे को गई थी धो  
दिन की गरिमा अंधेरों में गई थी खो  
देश भक्ति तिजारत में गई थी सो

तभी कहीं से एक हिन्द महापुरुष ने  
चेतना का प्रकाश किया है उज्ज्वलन्त  
महापुरुष ने की पाक चीन से भिड़न्त  
अनंत दुखों का तब होने लगा अंत

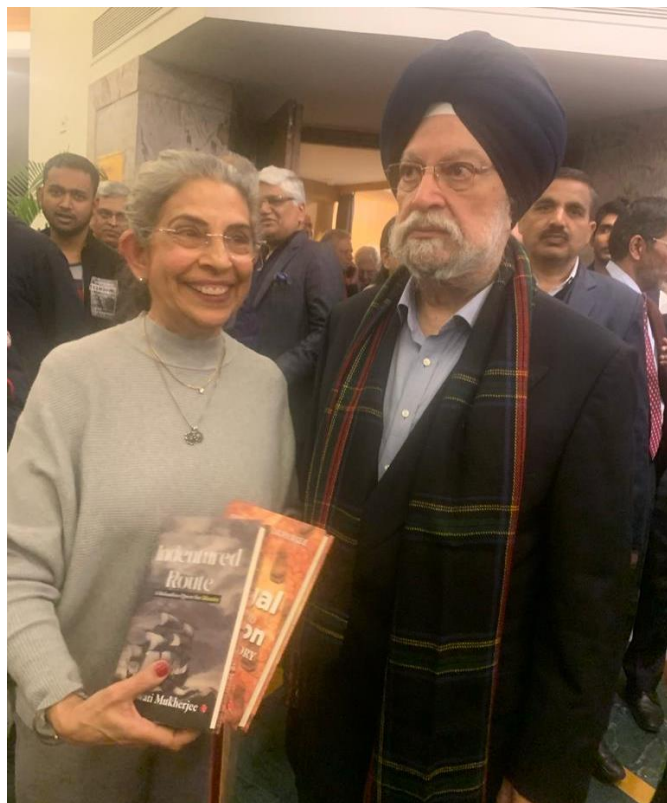
वीरस से सुसोजित मोदी ने किया  
एक नये उभरते भारत का अवाहन  
एक निडर , संकल्पबध हिंदुस्तान  
जो ले रहा है एक अकल्पनीय उड़ान

हाँ ये नया भारत बन गया है महान  
चापलूसी गिड़गिड़ाहट कमज़ोरी  
का यहाँ पर अब कोई नहीं है स्थान  
क्यूँकी मोदी जी के हाथ में है कमान  
हर तरफ़ एक ही हुंकार जय श्री राम

सुनील कपूर की कलाम से

By our Rtn. Sunil Kapoor



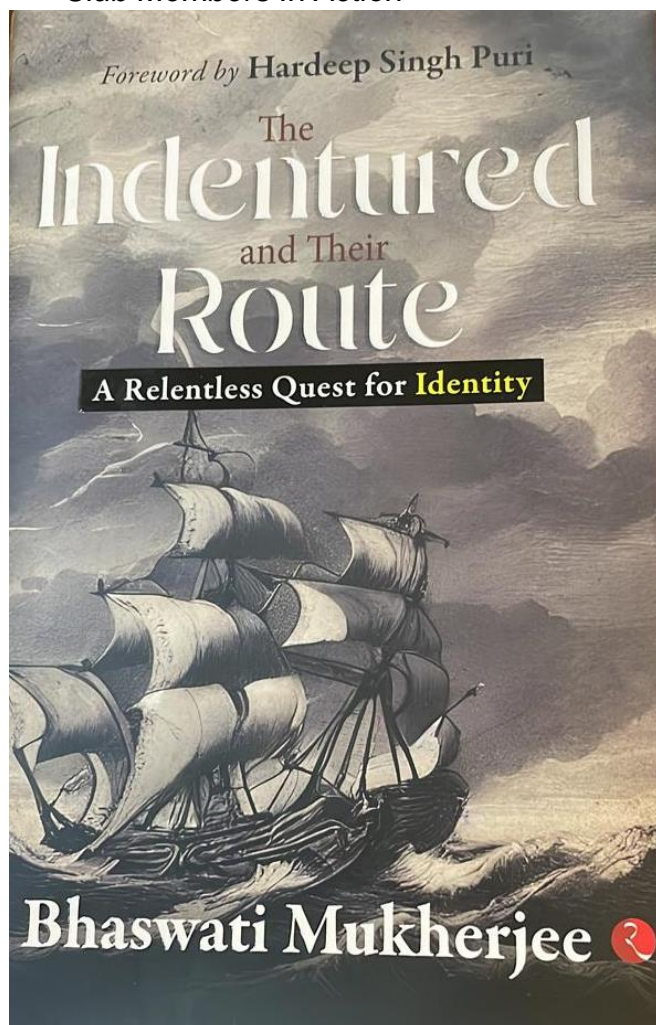


The book with foreword by Minister Hardeep Singh Puri was launched after a great discussion at IHC on 23<sup>rd</sup> December 2023. We recommend all to buy this superbly written book to get connected with our dark history.

“

Bravery never goes  
out of fashion.

WILLIAM MAKEPEACE THACKERAY



The daring tell-all tale written by Ambassador Bhaswati is published by Rupa Publications – a bold publisher who is always with the truth.







**Sampada**



**संपदा**



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### Celebrations of January / February

#### January

14	Anne Anjali Dang	Birthday
25	Rtn. Sudhir Kapoor	Birthday
25	Rtn. Sunil Kapoor	Birthday
30	Rtn. D K Shrivastava & Rtn. Kumudni Shrivastava	Anniversary

#### February

12	Rtn. Alok Sahdev	Birthday
20	Rtn. Yogesh Sharma & Anne Sonam Sharma	Anniversary

#### Board of Directors 2023-24

<b>President / Membership</b> Rakesh Banga
<b>President Elect / Secretary</b> Suman Chopra
<b>Vice President</b> Harish Dang
<b>Joint Secretary</b> Vidushi Lal
<b>Sgt-at-arms / Service Projects</b> Yaduinder Lal
<b>Disease Prevention and Treatment</b> Sushil Kumar Trivedi
<b>Vocational Service</b> Himinder Lal
<b>Club Service</b> Sudhir Kapoor
<b>Community Service</b> Dinesh Kumar Shrivastava
<b>International Service</b> Subhash Kalra

<b>Youth Service / Public Image</b> Niti Day
<b>Club Admin</b> Alok Sahdev
<b>The Rotary Foundation</b> Sara Banga
<b>CSR</b> Sunil Kapoor
<b>Supporting the Environment</b> Yogesh Sharma
<b>Peacebuilding &amp; Conflict Prevention</b> Nilu Sahdev
<b>Community Economic Development</b> Gurmukh Kotwani
<b>Water Sanitation &amp; Hygiene</b> Yuvraj Asnani
<b>Maternal and Child Health</b> Kumudni Shrivastava
<b>IPP / Basic Education and Literacy / Club Trainer</b> Sunil Kumar Day

Visit [www.rcdelhiresources.rotaryindia.org](http://www.rcdelhiresources.rotaryindia.org) for our Club Activities